**Black Currant**  (Ribes Nigrum)  Parts used  -------- buds.

**Black Currant** (Ribes Nigrum) is one of the most important remedies for allergies regardless of the nature and origin because of its cortisone-like action, by stimulating adreno-cortical secretion. It is swift acting anti-inflammatory remedy by direct stimulation of the adrenal glands without iatrogenic consequences.

**Black Currant** acts effectively at the primary inflammatory phase of the allergies and is effective in all states of inflammation of the mucus membranes, whether it be of the respiratory, digestive or urinary tract.

It stimulates and supports the adrenals and acts as a steroid on allergic reactions.

When administered it increases the amount of cortisol in the blood, thus increasing resistance to fatigue and colds.

**Black Currant** is an emergency remedy and acts on certain aigue urticarian syndromes like Quinck’s edema, acute allergies attack, hay fever and allopathic medicine sensibilization, also anaphylactic accidents caused by antibiotics and insect stings. When employed to treat a state of shock high doses must be employed; from 75 to 100 drops t.i.d. or more if needed, but without the adjunct of any other medicine.

**Black Currant** is also indicated in Chronic Fatigue, asthma, emphysema, bronchitis, migraines, gastrities, arthritis, ankylosing spondylitis, prosthetic problems, dysmenorrhea, fibroma, Addison’s disease, adrenal atrophy, arthrosis and infections, as well as people with immune disease who are or were treated with steroids.

**Black Currant** potentializes the anti-inflammatory action of Giant Redwood (Sequoia) thus accelerating the functional improvement.

With age and especially in men when there is reduced sexual activity Giant Redwood increases the libido while European Oak stimulates the secretion of testosterone. Giant Redwood is a prime treatment for male’s sexual senescence and could be prescribed after the age of 60, with 50 drops per day, 20 days per month.
European Oak (Quercus) is an adjunct to the treatment of chronic fatigue and multiple sclerosis in both male and female at different doses.

Doses for Males: 100 drops of European Oak (Quercus) + 25 drops of Giant Redwood (Sequoia) + 75 drops of Black Currant, b.i.s. or t.i.d. in Spring or Reverse osmosis water

Doses for Females: 75 drops of Giant Redwood (Sequoia) + 25 drops of European Oak (Quercus) + 75 drops of Black Currant (Ribes).

Black Currant is the product of choice for patients who were on long-term treatment with corticoids, and whose adrenals are weak or inactivated and the patient cannot be severed easily from prednisone or other such drugs.

Black Currant diminishes the inflammatory process thus reducing pain and increasing flexibility in joints.

In resume, Black Currant (Ribes nigrum) is characterized by its anti-inflammatory actions, which affect:

----- The vessels, thus reducing vasodilation

----- Diminishing the permeability of the capillaries

----- Reducing the plasmatic exudation and diapedesis—Great effect anti-edematous

----- Reduce the resistance of the body to cold temperature

----- And its activity on the reticulo-conjunctive support tissue of the gland.

It stimulates the catabolism of urea, acid uric, and cholesterol by stimulating the 11-Oxysteriods.

It speeds up the process of healing in aigue cases of post infectious glomerulonephritis,
Associated with *European Alder* (Alnus glutinosa) it reacts effectively in a grippal state by administering, from 100 to 125 drops given in alternation b.i.s. or t.i.d. in spring water.

*Black Currant* stimulates the eosinophile series.

Complementary remedies are *European Alder* (Alnus glutinosa), *Common Birch* (Betula pubescens), *Poplar* (Populus nigra), *European Ash* (Fraxinus excelsior) And *European Oak* (Quercus pedonculata).

*Black Honeysuckle* (Lonicera Nigra) Parts used—Shoots

*Black Honeysuckle* (Lonicera) drains the liver and kidney in a much lesser way than *Common Juniper* (Juniperus), but also drains the nervous system by producing a calming effect on it.

It is indicated in colibacilosis, Tonsillitis, asthma, and emphysema as well as in urinary and hepatic manifestations, and inflammation of the spleen.

In cases of muscular and nervous cramps, *Lime Tree* (Tilia tomentosa) aids

*Black Honeysuckle* to relax the nervous system and facilitate drainage especially in prolonged stress situations.

*Black Poplar* (Populus Nigra) Parts used-----Buds

*Black poplar* (Populus Nigra) is an arterial antispasmodic that stimulates the formation of collateral circulation and act principally on the arterial system of the legs, relieving spasms, obliterative arterial disease of the legs and associated trophic disturbances.

It is indicated in arterite thrombotic evolving for several years in adults who abuse tobacco during many decades.
Black Poplar when associated with European Alder (Alnus Glutinosa) and Common Birch (Betula pubescens), used in alternation, will re-permeabilize the arteries and increase the oscillations in the arteries of adults.  

Black Poplar finds another indication in severe tracheal inflammation and acts on the bronchi as well.  

Black Poplar is a short-term remedy and should be restricted to four or five weeks at a time because it has a tendency to cause hepatic cellular degeneration.  

It acts on coagulation of blood by combating the tendency thrombophilic.  

Complementary remedies are: European Alder (Alnus glutinosa), Bloodtwig Dogberry (Cornus sanguinea), and Common Birch (Betula pubescens).  

Blackberry Vine (Rubus Fructicosus)  Parts used ------ Shoots  

The main function of this product is the treatment of obstructive respiratory insufficiency as emphysema, sclerotic respiratory conditions (silicose), and obstructive chronic bronchitis.  

It is indicated in osteoarthritis in the elderly, decalcification, ankylosing spondylitis, osteoporosis, and rheumatoid poly-arthritis.  

It helps to consolidate bone tissue by stimulating the osteoblastic process and arresting osteoclastic process.  

Associated with Mountain Pine (Pinus Montana) is effective in treating senile osteoporosis as well arthrosis.  

With European Beech (Fagus Sylvatica) treats chronic interstitial nephritis, but will be little effective if Phenacetine was used for a long time before.
*Blackberry vine* can bring a remarkable sedation of pain when combined with *Wineberry* (*Vaccinium vitis idaea*) and *Giant Redwood* (*Sequoia gigantea*).

Complementary remedies are: *European Hornbean* (*Carpinus betula*), *European Beech* (*Fagus Sylvatica*), *European Oak* (*Quercus pedonculata*), *Silver Birch* (*Betula verrucosa*), *European Alder* (*Alnus glutinosa*), *Raspberry* (*Rubus idaeus*), and *Christmas Holly* (*Ilex aquifolium*).

*Bloodtwig Dogberry* (*Cornus Sanguinea*)

*Bloodtwig* (*Cornus Sanguinea*) buds are one of the main remedies for draining the endocrine system and the best known for treating the thyroid.

It is the specific gemmo product for treating Parry’s disease or hyperthyroidism.

In the absence of a cardiothyrotoxicosis, *Bloodtwig* can be alternated with *Lithy Tree* (*Virburnum lantana*), for obtaining the best results.

It is the best remedy for an aigue thrombotic state such as recent tissue necrosis, infarcts anywhere it is found.

(heart, brain or lung etc.)

It prevents the formation of infarcts and quickly absorbs the neo-formed infarction,

But only at the very early stages. *European Alder* (*Alnus glutinosa*) should take the relay of *Bloodtwig* (*Cornus Sanguinea*). It being the best long-term product known for the treatment of an infarctus.

For cardiac complication of thyro-toxicosis, it can be used in an alternating manner, *Bloodtwig* (*Cornus*), *Lithy Tree* (*Virburnum*) and *English Hawthorn* (*Crataegus oxyacantha*), they are effective but will not work on a toxic adenoma of the thyroid.

For cardiac complication of thyro-toxicosis, it can be used in an alternating manner, *Bloodtwig, Lithy tree*
(Viburnum), and *English Hawthorn* (Crataegus), they are effective but will not work on a toxic adenoma of the thyroid.

This product is very effective in treating closed traumatic thorax with several fractures and constrictive haemothorax.

This is the remedy for treating cranial hemorrhages post-traumatic and thoracic or abdominal hemorrhages non-surgical.

It also treats hemorrhages produced by anticoagulants; limit its use to 6 months.

Associated with *English Hawthorn* (Crataegus) will effectively treat all coronarien thromboses by clearing the micro thromboses thus avoiding an infarction.

With *Lithy tree*, *Bloodtwig* is an excellent remedy for hyperthyroid (Basdow disease)
With its cortege of symptoms; tachycardia, thyrotoxicosis, weight loss, thermophobie, Irritability, trembling of the extremities, hyperactivity, and exophthalmia. *Bloodtwig* with *Briar Rose* (Rosa canina) will treat a simple goiter euthyroiden.

The buds of *Bloodtwig* stimulate the Kuppfer cells of the liver, the mastocytes and plasmocytes of the bone marrow.

Complementary remedies are; *Common Birch* (Betula pubescens), *Silver Birch* (Betula verrucosa), *European Ash* (Fraxinus excelsior), *European Filbert* (Corylus avallana), *Black Poplar* (Populus nigra), *European Hornbean* (Carpinus betula), *European Oak* (Quercus pedonculata), *European Beech* (Fagus sylvatica), *English Elm* (Ulmus campestre), *English Hawthorn* (Crataegus oxyacantha), *Briar Rose* (Rosa canina) *Prim wort* (Ligustrum vulgare), and *Lithy tree* (Viburnum lantana).
**Briar Rose** (Rosa Canina)  
Parts used-------Shoots

*Briar Rose* (Rosa canina) is extremely valuable in treating migraines and headaches resisting standard treatment in which there is almost always an allergic component.

Because of the widespread episodes of infectious rhinopharyngitis each winter and spring hampering school children, and because of the abuse of antibiotics and corticoids, with their iatrogenic suites. *Briar Rose* is very welcomed for its great relief and curative measures it brings.

*Briar Rose* strengthens the deficient immune defense thus limiting the development of germs and the spreading of infections in the ENT sphere.

This product is very effective for repeated localized inflammations as in the ear, throat and periungual and furonculoses, inhibiting the recurrence of inflammation of the mucosa.

It is a complementary remedy to *Silver Birch* (Betula Verrucosa) and *Red Spruce* (Abies pectinata), remedies with osteoblastic action when growth problems are due to receding inflammation as rhinite and chronic tracheo-bronchitis.

*Briar Rose* and *Bloodtwig* treat euthyroiden goiter.

With *Mountain Pine* (Pinus Montana), *Briar Rose* (Rosa canina) treats post-menopausic osteoporoses.

Associated with *English Elm* (Ulmus campestre) treat recurring ocular herpes and herpes.

Complementary remedies are *European Ash* (Fraxinus excelsior) *European Filbert* (Corylus avellana), *European Oak* (Quercus pedonculata), *English Elm* (Ulmus campestre), *European Hornbean* (Carpinus betula), *European Beech* (Fagus sylvatica), *Bloodtwig* (Cornus sanguinea), *English Hawthorn* (Crataegus oxyacantha), *Prim wort* (Ligustrum vulgare), *Lithy Tree* (Viburnum lantana and *Common Juniper* (Juniperus communis),
**Cedar of Lebanon**  (Cedrus Libani)  

parts used-----shoots

This Gemmo product is restricted but is effective in certain chronic syndromes of a background of chronic intoxication manifesting specifically with dermatologic consequences such as psoriasis, keratotic eczema and chronic dermatitis and allergies. Other manifestations on the mucus membranes are respiratory and digestive mucus disorders.

This is mainly a kidney and skin drainer and when associated with *European Walnut* (*Juglans regia*) will treat sur-infected wounds.

Complementary remedies are; *Silver Birch* (*Betula verrucosa*), *Maize* (*Zea mais*), *Lime Tree* (*Tilia tomentosa*), *European Beech* (*Fagus sylvatica*), and *Christmas Holly* (*Ilex aquifolium*).

**Christmas Holly** (*Ilex Aquifolium*)  

parts used------shoot

This is a great complementary remedy with *European Beech* (*Fagus Sylvatica*) for the treatment of renal insufficiency due to nephro-angiosclerosis.

With *Lime Tree* (*Tilia tomentosa*) it treats epilepsy (petit mal), and also gastritis, psoriasis and eczema.

With *Silver Birch* (*Betula verrucosa*) it treats fibro-adenomateous hyperplasie of the breast of a benign evolutation.

Complementary remedies are; *European Oak* (*Quercus pedonculata*), *European Hornbean* (*Carpinus betula*), *European Beech* (*Fagus Sylvatica*), *Silver Birch* (*Betula verrucosa*), *Common Birch* (*Betula pubescens*), *European Chestnut* (*Castanea vesca*), *Lime Tree* (*Tilia tomentosa*), *Rowan Tree* (*Sorbus domestica*), *Raspberry* (*Rubus idaeus*) and *Blackberry Vine* (*Rubus fructicosus*).
Common Birch (Betula Alba) parts used-----buds

This product is a remarkable liver drainer that can be prescribed for a long period of time.

It is a wonderful remedy for arthritis and can be used for the prevention and treatment of arthritis, doing cures in spring and fall as a preventative measure.

Common Birch (Betula alba) is also indicated for treating gout and arthrose.

It also helps to lower cholesterol in the blood.

Common Juniper (Juniperus Communis) parts used ------shoots

This Gemmo product is the most potent, main drainer for the kidney and liver whenever there is a chronic auto-intoxication. It has a double indications as an anti-inflammatory for the liver and secondly as a diuretic for the kidney.

Common Juniper (Juniperus) is indicated in hepatic cellular insufficiency such as persistent chronic hepatitis, toxic and iatrogenic hepatitis, hypertrophic alcoholic cirrhosis, and major hepatic insufficiency with portal hypertension.

Common Juniper can biologically normalize cirrhosis caused by alcoholism without the adjunct of any other remedies. The biological action of Common Juniper is very profound and can be prescribed without clinical data from cirrhotic patients.

On the contrary it should not be used for more than 5-6 weeks on a normal person whose biological test is normal because it can drain the energy of the person who will become fatigued.

Common Juniper can be used to treat gastric and oesophagien veins, chronic pyelonephritis, nephritis, pyelitis and the beginning of an ascite.

With the adjunct of other Gemmo products it can be used to improve other illnesses as diabetes and help to eliminate uric acid retention.
This remedy has a thrombophilic action and can be employed to treat all tumors and forms of cancer except those of the kidney because of its powerful action.

It reduces the size of liver cancers, and is a good adjunct to patients undergoing chemotherapy because it keeps the liver and kidneys clear of the toxic product. It is believed that it is one of the last Gemmo remedies that can be used to resuscitate a dying person.

Complementary products are: *Common Birch* (Betula pubescens), *Rowan Tree* (Sorbus domestica), *Silver Birch* (Betula verrucosa), (Berberis vulgaris), *Briar Rose* (Rosa Canina), and *Lithy Tree* (Viburnum Lantana).

*Common Lilac* (Syringa Vulgaris)  
**Parts Used**  
------Buds

This is a specific remedy for the treatment of the coronary vessels of the heart.

Its antispasmodic action assures better flow increase in the circulation of the coronary arteries thus treating angina pectoris by producing vasodilatation.

This remedy is very powerful therefore begin by using small doses---5 to 10 drops b.i.d. On elderly people to avoid a pounding in the chest because of the increase of heart beat, --inotrope+

*English Elm* (Ulmus Campestre).  
**Parts Used**  
------Buds

*English Elm* (Ulmus), is a strong kidney and liver drainer thus an excellent superficial drainer and when correctly employed can be an effective remedy for many skin metabolic ailments.

It has a marked action in different troubles of catabolism of nucleo-proteins; acid uric, gout, and metabolic ailments, and has an important
action in the tendency of organism to transfer to the skin under the form of eczema its endogenous functions.

*English Elm* treats skin infections like weeping eczemas, acne, herpes, psoriasis, and ulcer of the legs, and acts on certain diarrheas and leucorrhoea linked to functional metastasis.

With *Briar Rose* it treats recurring herpes and ocular herpes. It has a cytological action on the hepatic macrophage and a slight thrombophilic action.

Complementary remedies are; *European Alder* (Alnus glutinosa), *Black Poplar* (Populus nigra), *European Filbert* (Corylus Avallana), *European Oak* (Quercus Pedonculata), *European Ash* (Fraxinus excelsor), *Bloodtwig* (Cornus Sanguinea), *Briar Rose* (Rosa Canina), *Black Currant* (Ribes nigrum).

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*English Hawthorn* (Crataegus Oxyacantha) Parts used -----Buds

*English Hawthorn* (Crataegus oxyacantha) buds might be rightly called the Jack of all remedies for the heart. All cardiac symptoms and conditions can be helped or resolved by this bud.

- Pericardial pains can be helped
- Tachycardia and arrhythmias
- Regulates slow heart beat, (bradycardia)
- Increases myocardial tone
- Treats cardiac insufficiency
- Reduces cardiac spasms
- Sedative effect on heart
- Regulator of blood pressure whether too high or too low
- Treats sequel of myocardial infarct
- Has an anti-thrombotic effect
- Reduces congestive heart failure and pulmonary edema
*English Hawthorn* action is superior to digitalis with a wider scope and not having its toxic effects. This product is like gold to the heart.

It has a sedative effect on the central nervous system and potentializes barbiturics and has a calming and bradicardizing action with positive inotrope effect manifesting by increased amplitude of ventricular contractions.

*English Hawthorn* lowers high blood pressure slowly while raising very low blood pressure (bipolar).

On an aging heart the shoots act similar to digitalis glucosides but in a much gentle manner. And for a weary and accelerated heartbeat it has a negative chronotrope action that slows down the heartbeat, and a positive inotrope that reinforces the heart contractions.

This remarkable Gemmo remedy will help to repair and speed up damaged heart tissue cicatrisation. This will reduce time of hospitalization to less than half.

For heart patients with edema of the legs *English Hawthorn* is the miracle drug, not functioning like lasilix, or any other diuretics, that only add more complication with electrolytic depletion.

This product has a very strong arteriolytic potential whenever there is only a lipid metabolism dysfunction because of its protein-related and anti-coagulant activity.

Its action is greatly reinforced with *Bloodtwig*, which protects the heart in case of disposition to myocardial infarction.

*English Hawthorn* associated with *LithyTree* treats asthma with a continued dyspnea of intrinsic origin, non-allergic.

Remark; while a patient is taking *English Hawthorn* the ECG will remain perfectly normal even though there be problems, therefore it is obligatory that you stop the product for at least three days before having an ECG done, *English Hawthorn* action is predominant at the repolarization phase of the ECG and the correction of the S-T space.
English Hawthorn reinforces the action of digitalis therefore care must be taken when it is added to digitalis, not more than 5-10 drops per day at the beginning and carefully monitored, after a short time English Hawthorn can replace digitalis safely.

European alder (Alnus glutinosa) and Hawthorn increase blood flow to the heart and can physically create a bypass in weeks if there is coronary blockage: with doses of 25 drops t.i.d. of Alder and 5-15 drops of Hawthorn b.i.s.

Hawthorn increases slightly the granulopoiesis by stimulating the myeloblasts.

Complementary remedies are: Black Poplar (Populus nigra), European Ash (Fraxinus excelsior), European Filbert (Corylus Avellana), European Hornbean (Carpinus betula), European Oak (Quercus pedonculata), Bloodtwig (Cornus Sanguinea), Briar Rose (Rosa canina), European Beech (Fagus sylvatica), Lifty Tree (Virbunum lantana), and Hedge Maple (Acer campestre).

European Alder (Alnus Glutinosa) Parts used -----buds

This is a remedy for all inflammatory syndromes whose starting point is at the mucosa and should be employed at the early stages of suppuration, such as rhinitis, sinusitis, trachaeitis, bronchitis, gastritis, colitis, cystitis, cholecystitis and phlebitis etc.

It is an excellent product for ailing heart conditions, coronary thrombosis, mitral stenosis, myocardial infarction and even cerebral infarctions, thus a remedy for stroke.

European Alder is a global hypocoagulant, hypoviscosant, and anti-thrombosant therefore with these qualities it is the best product for treating auricular fibrillation to combat clots.

It is an excellent product for all aigue veinous thrombotic conditions; phlebitis and thrombo-phlebitis.
It is also employed for all subaigue inflammatory conditions with tendency to diffuse, such as pleuro-pulmonary, osteomyelitis, otitis and peritonitis etc.

The buds and internal bark at 1st dilution of *Alder* act on dissolving biliary stones and is good complementary to antibiotics, and will treat the badly resolved inflammatory sequel at the tissular and circular level.

*Alder* is one of the best products for heart disease.

It increases the collateral circulation in the cardio–vascular system.

Is very effective in treating coronary thrombosis by stimulating angioneogenesis.

Whenever there is thrombosis *Alder* should be used.

It is an invaluable remedy for people with chronic coronary disease because of its powerful reparative force on all coronary conditions.

Complementary remedies are; with *Black Currant* it will treat allergic asthma.

Associated with *Black Currant* and (Menta aquatica), will shorten the space between crises of migraine, urticaria due to plants or stings, penicillin allergies and those caused by other medications, vaccinations and serum, food allergies and chronic urticaria.

In cerebral and coronary thrombosis it will create its own by-pass more effective and more lasting than any surgeon’s knife by creating a new blood vessel around the blockage to re-establish a new collateral circulation.

European Ash (Fraxinus Excelsior) Parts used-----buds

This Gemmo product is mostly a liver drainer but drains the kidney also.
*European Ash* (Fraxinus) is complementary to *European Alder* and *Black Currant* in problems of catabolism especially with nucleo proteins. It will reduce uric acid, cholesterol and urea but in a lesser degree.

*European Ash* treats acute and chronic gout and when combined with *Mountain Pine* can reduce uricemia substantially. High uric acid is usually found in the blood of hyperactive people like aggressive and dominating managers yet without a crisis of gout, urecemic 80 – 90 mg/liter.

Complementary remedies are: *European Alder* (Alnus glutinosa), *Black Poplar* (Populus nigra), *European Oak* (Quercus pedonculata), *European Hornbeam* (Carpinus betula), *English Elm* (Ulmus campestre), *Black Currant* (Ribes nigrum), *Bloodtwig* (Cornus sanguinea), *Lithy Tree* (Viburnum lantana), and *Prim Wort* (Ligustrum vulgare).

**European Beech** (Fagus sylvatica)  
Parts used------buds

This is a remedy for hypogammaglobulinaemia linked to fibrosclerosis and due to a neurogenic dysfunctionment, or to a small hypo-immunity also to a shock or chagrin that is difficult for a person to surmount. (Depression hypo-immunisant).

*European Beech* can treat certain repetitive or terminal infectious diseases as colibacillosis and nephritic syndromes if these are non-hereditary.

It works on different metabolisms and reduces cholesterol, uric acid, and urea.

*European Beech* corresponds to a terrain fibrosclerotic and will treat any kind of sclerotic process in the lung.

This product is complementary with *Briar Rose* especially among infants 3 to 4 months old with infection and who find it difficult for their immunoglobine to increase so are prone to infections.
*European Beech*’s action is reinforced by *Blackberry Vine* for the treatment of respiratory fibrosclerosis, and by *Common Birch* for the treatment of atherome with Predominance fibrosclerosis.

For nephro-angiosclerosis *European Beech* in alternation with *Christmas Holly* works wonderfully. This product acts of the hepatic macrophages.

Complementary remedies are; *Black Poplar* (*Populus nigra*), *European Ash* (*Fraxinus excelsior*), *European Filbert* (*Corylus avellana*), *European Oak* (*Quercus pedonculata*), *European Hornbean* (*Carpinus betula*), *Hedge Maple* (*Acer Campestre*), *Lime Tree* (*Tilia tomentosa*), *Silver Birch* (*Betula verrucosa*), *Common Birch* (*Betula pubescens*), *Bloodtwig* (*Cornus sanguinea*), *English Hawthorn* (*Crataegus oxyacantha*), *Raspberry* (*Rubus idaea*), *Blackberry Vine* (*Rubus fructicous*), *Briar Rose* (*Rosa canina*), *Lithy Tree* (*Viburnum lantana*), and *Christmas Holly* (*Ilex aquifolium*).

*European Chestnut* (*Castanea Sativa*) and Castanea Vesca) parts used ----buds

They are both good indications with *Horsechestnut* (*Aesculus hippocastanum*), for enhancing the veinous circulation.

The buds of *Chestnut* (*Castanea Sativa*), are effective in treating eczematized erythema around ulcers of the limbs or other parts of the body.

When *Chestnut* (*Castanea vesca*), buds are associated with Gemmo 1st.X of its leaves they act on cellulite and angiocapillary subcutaneous phenomena.

*Chestnut* (*Castanea vesca*) treats spasmodic and congestive problems.

It drains the lymphatic system and different veinous disorders.
Complementary remedies are: *Silver Birch* (*Betula verrucosa*), *European Beech* (*Fagus sylvatica*), *Christmas Holly* (*Ilex aquifolium*), and *Raspberry* (*Rubus idaeus*).

*European Filbert* (*Corylus avellana*) parts used -----buds

This Gemmo product is a very important drainer for the respiratory system particularly the lungs. Because of its anti-fibrotic qualities it restores the elasticity of lung tissue.

First and foremost its general action is antisclerotic and is very effective in treating emphysema and pulmonary fibrosis by breaking down sclerotic tissue in the respiratory system thus treating asthma, chronic bronchitis, smokers cough with blood in sputum.

*European Filbert* acts as a tonic on the hepatic parenchyma thus recommended in marked hepatic insufficiency, namely alcoholic cirrhosis non-ascetic.

It treats arteriosclerosis of the lower limbs even at the level of a state of senility and localized gangrene.

Necrosis of the toes and fingers can be successfully treated with arnica 200k to liquefy the blood clot in the tissue; then a mixture of *European Alder* (*Alnus glutinosa*), and *Common Juniper* (*Juniperus*), 30 to 50 drops t.i.d, adding copper-gold—silver as oligoelement to displace trapped elements in the tissues.

When associated with Gemmo product of the leaves (1X), *Filbert* acts on circulatory stasis such as pulmonary stasis, edema of the legs, also varicose ulcers, as well as necrotic ulcers.

*Filbert* has an action anti anemic by stimulating erythropoiesis, thus treating hypochrome or microcytaire anemia that is due to a digestive cause or liver cirrhosis. It normalizes the thrombus formation.
In major dyspnea, the addition of *Horse Chestnut* aids the respiration by stimulating a eupneic action. Because of *Filberts* fibrolytic action, it is not recommended to use it or other fibrolytic remedies in cases of tuberculosis and cancer of the lungs because they could break down the fibrous tissue limiting the tumor thus leading to metastasis. Nevertheless, if the patient is on chemotherapy they can be used simultaneously.

Complementary remedies are; *European Alder* *Alnus glutinosa)*, *Black Poplar* (*Populus nigra*), *English Elm* (*Ulmus campestre*), *English Hornbean* (*Carpinus betula*), *European Ash* (*Fraxinus excelsior*), *European Oak* (*Quercus pedonculata*), *Bloodtwig* (*Cornus sanguinea*), *Hawthorn* (*Crataegus oxyacantha*) and *Briar Rose* (*Rosa canina*).

*European Grapevine* (*Vitis vinifera*), Parts used -----buds

The main therapeutic indications of this bud are:

-----Treatment of the painful deforming rheumatism and arthritis affecting the small joints.
----- Treatment for leucocytosis especially lymphocytosis.

*Grapevine* is one of the best Gemmo remedies for treating deformative degenerative articular neoformative process such as osteophytic production.

It is particularly effective in treating the small articulations of the fingers and toes and is very useful for any syndrome incurred by chronic inflammatory process that prolongs.

All alone it can break down immunological chain reactions.

*Grapevine* acts on all fibrohyalinic diseases, and treats sequel of aigue articular rheumatism with a clear action on the anti-streptolysine by shortening the elevation and avoids complications.
The bark of the roots and radicels of *Grapevine* is a great remedy for Crohn’s disease (rectocholite granulomatous).

*Grapevine*, *Sweet Almond* (*Prunus amygdalus*), *European Oak* (*Quercus pedonculata*), and *European Ash* (*Fraxinus excelsior*) work mainly on the globulins.

Complementary remedies are; *Bloodtwig* (*Cornus sanguinea*), *Briar Rose* (*Rosa canina*), and *Blackberry vine* (*Rubus fructicosus*).

*European Hornbean*  (Carpinus Betula)  Parts used ------buds

This Gemmo product is effective in treating infections of the upper respiratory system, especially in the ENT sphere (ear, nose and throat).

It is very effective in treating the rhinopharynx, chronic sinusitis, trachaeitis, bronchitis, and emphysema, restoring the damaged mucosal surfaces, thus reliving spasms.

*Hornbean* treats certain hepatic deficiencies as well as severe cases of arteriosclerosis.

Indicated in acquired thrombopenia, especially by auto-immunization and immuno-allergie from anticoagulant medications.

*Hornbean* treats thrombopenia after a splenectomie. It is an antihemorrhagic remedy by normalizing the bleeding span because of the increase in the number of platelets, thus thickening the blood.

Indicated in periarterite noueuse post medicamentous *Hornbean* with *Bloodtwig* treat hemorrhages provoked by anticoagulants.

Complementary remedies are; *European Filbert* (*Corylus avellana*), *European Ash* (*Fraxinus excelsior*), *European Beech* (*Fagus sylvatica*), *Black Poplar* (*Populus nigra*), *European Oak* (*Quercus pedonculata*), *Christmas Holly* (*Ilex aquifolium*), *Hedge Maple* (*Acer campestre*), *Hawthorn* (*Crataegus oxyacantha*), *Blackberry vine* (*Rubus fructicosus*),
Briar Rose (Rosa canina), Lithy Tree (Viburnum lantana) and Raspberry (Rubus idaeus).

European Oak (Quercus Pedonculata)  Parts used-----Buds

These buds stimulate simultaneously the adreno-cortical gland and the male gonads, thus correcting adrenal hormone deficiency and adjust the blood pressure.

European Oak is the strongest yin tonic for males when the adrenalin is low, also stimulates the 17 hydroxycorticoids (urinary).

It is indicated in states of malnutrition, over worked and fatigued patients, in arterial hypotension and collapse of the vascular system, sexual asthenia, adrenal atrophy, constipation and prolonged convalescence.

Coupled with Bloodtwig, they treat state of shock, cyanosis, and cardiovascular collapse. It is said that this product has the power to restore life to a dying person.

It is a precursor of the male hormone, therefore if the body needs to produce more hormone it can use Oak.

Oak and Common Birch play a role in treating periodontosis and pyorrhea with soft bleeding gums and teeth that loosen and shake. They treat gingival mucosa membranes by tonifying the dental alveoli ligaments. This is a long-term treatment and if an infection is present add Fig Tree.

Complementary remedies are; Sweet Almond (Prunus Amygdalus), European Grapevine (Vitis vinifera), European Alder (Alnus glutinosa), Black Poplar (Populus nigra), European Ash (Fraxinus excelsior), Hawthorn (Crataegus oxyacantha), English Elm (Ulmus campestre), Hedge Maple (Acer campestre), Hornbean (Carpinus betula) and European Beech (Fagus sylvatica).
**European Olive**  (Olea Europea)  Parts used------shoots

This great product has antisclerotic properties and will clean out the vascular system and treat cerebral arteriosclerosis better than any known remedy and will clear the entire body of deposited cholesterol. It is the product for treating hypercholesterolaemia and dyslipaemia one hundred times better than Baycol or the best of the other chemical drugs, and without any side effects.

*Olive* breaks down scar tissue at arterial level and in cerebral tissue thus a good indication for Alzheimer’s disease.

Besides treating arteriosclerosis it is a marvelous product to reduce hypertension due to sclerotic conditions. This product should be restricted to sclerotic patients with diminished intellectual functions. Also indicated in liver and minor kidney dysfunctions, diabetic arterite and gangrene of the toes.

*Olive* treats phobic neurosis, claustrophobia, compulsive obsessional neurosis and thoughts that push the subject to do certain things or acts. Treats facial neuralgias.

This Gemmo product has an anti-thrombophilic and anti-viscous activity, liquefying the blood thus regulating its circulation.

Because of its power to destroy sclerotic and scar tissue it is not recommended in patients with cancer because it will break away the tissue limiting the tumor thus causing it to spread creating metastasis.

Complementary remedies are; *Sweet Almond* (Prunus Amygdalus), *Black Poplar* (Populus Nigra), *Rowan Tree* (Sorbus Domestica) and *Fig Tree* (Ficus Carica).

**European Walnut**  (Juglans Regia)  Parts used-----buds
Walnut (Juglans) is indicated in cases of chronic inflammatory conditions such as Impetigo, infected eczema, varicose ulcers, collagenosis, hepatic ailments and many other skin infections.

Walnut treats chronic suppurations of the mucus membranes; respiratory, urology, dermatology, gynecology, otorhinolaryngology, chronic prostatitis, salpingo-metritis non-gonococcic and pustules non-follicular.

It is a very good long-time anti-infectious remedy active against streptococcus and staphylococcus and also any germ developing in the tracheal and bronchial mucosa.

Dealing with the exocrine function of the pancreas this interesting bud has an effect on the pancreas by stimulating the secretion of pancreatic juice.

It treats chronic pancreatitis and sequel of aigue hemorrhagic pancreatitis.

Indicated in diarrhea post antibiotic to restore the intestinal flora and in mal-absorption syndrome due to functional pancreatic insufficiency.

When used alternately with Bloodtwig it has a marked action on stimulating the hepatic macrophages and plasmocytes thus making it a very good dysbiotic remedy and capable of modifying all hypogammaglobulineamic reactions such as sinusitis, bronchitis, and arteritis. It will act deep down in the gall bladder to attack infections where most antibiotics cannot reach.

Walnut helps to normalize the pancreatic enzyme production and insulin production. Most people do not have problems with insulin but with the receptor sites for insulin. If the receptor sites are first cleansed insulin production will become normal again. The best normalizer of the receptor cites is chromium, a cofactor for pancreatic enzymes.

Fig Tree potentializes the dysbiotic action of Walnut and they will treat parasites in the gall bladder and in the digestive tract effectively as well as chronic eczemas, chronic psoriasis, and chronic digestive problems.
_Fig Tree_ (Ficus Carica)  

Parts used-----buds

The main therapeutic indication of _Fig Tree_ is the treatment of the digestive system and especially gastric and duodenal ulcers, gastritis, dyspepsia and dysphagia of the oesophagus.

It normalizes the secretion of gastric juices and has a healing action on the mucus.

This polyvalent remedy’s principal action is the maturation of blocked biological processes such as infections, thrombosis, sclerosis, and necrosis.

In duodenal ulcer it facilitates the formation of scar tissue on the mucus membrane.

_Fig Tree_ buds have a regulatory effect on the entire cortico-hypothalamic core and the reticular substance formation, and are indicated whenever functional or organic problems have a clear neurotic involvement.

It is an excellent and specific treatment for psychosomatic illness especially gastric ulcers and colitis.

_Fig Tree_ can be used to treat hypertrophy of the mucus membrane and has an effect on the maturation of cells in the autonomic nervous system. This can bring about a discomfort in hyperactive people for a few days, so be aware of these reaction: hallucinations, sounds in the ear, olfactif sensation, gustative, vertigo etc.

It acts on the reabsorbion of intercranien haematoma resulting from a trauma of the head and on subjective syndromes of head trauma with cephalalgies, headaches vertigo, asthenia etc.

It treats spasmodic and spasmophilic conditions where the neurotic component is a determining factor.
Fig Tree is valuable in the treatment of adolescent polyarthritis and certain types of arteriosclerosis with hypo-gammaglobulineamia especially those with deficiencies in assimilation.

Fig Tree is considered one of the best remedies for dysbiosis especially in the case of gastric and peptic ulceration. Effective in treating bacterial infections of the sinus and skin and helps to regulate the thymus and treats eosinophile granuloma.

Alder potentializes the action of Fig Tree in treating chronic gastro-duodenal ulcers.

With Black Currant, Fig Tree treats solar allergy.

With European Olive, Fig Tree treats facial neuralgia and is a strong stimulant on the granulopoesis and slightly on the eosinophiles.

Giant Redwood (Sequoia Gigantea) Parts used-----shoots

Giant Redwood (Sequoia Gigantea) is the female equivalent to the male product European Oak. It is the precursor of estrogen that is to say the body can use it to manufacture estrogen when there is deficiency of estrogen. It increases the urinary 17-ketosteroids.

The shoots of Redwood have an osteoblastic action in both men and women, but in men it has an anti-senescent action on the adenoma of the prostrate, and it slows down aging. It is specific for inflamed and senescent prostrate and is an excellent remedy for acute prostatitis but not for adenoma nor chronic prostatitis and prostrate cancer.

Redwood can readjust the activity of the epithelium of the seminal vesicle as well as the activity of the prostrate and the activity of the spermatogenesis for people who have a ketosteroid deficiency.

It treats uterine fibroids, dysmenorrheal and senile menopausal osteoporosis.
It prevents and treats semi-spontaneous fractures called malady des os de verre (glass bone disease).

Associated with Oak and used alternately it treats delayed consolidation of fractures in adults, and with Black Currant and Oak they treat adrenal insufficiency, over-worked adrenals and fatigue due to exhaustive effort.

Because of its eutrophic action it gives the patient a sense of well-being.

**Hedge Maple** (Acer Campestre)  
**Parts used------Buds**

The Hedge Maple buds found in Europe and West Asia are used for treating viruses but clinically they act mostly in association with other buds of Gemmo products.

It inhibits the growth of many different types of viruses; hepatitis C, herpes, but is not very effective on flues and cold viruses. During an acute outbreak of herpes, by giving high doses as 75 drops t.i.d. will limit the extension of the virus and bring a quick resolution. If your client is taking lysine stop it immediately because of its antagonist effect.

This product is helpful in treating any type of fatigue and fibromyalgia.

*Maple* when associated with *Ash* will treat lithiase of the choleduct and secondary angiocholitis by acting on the liver with formation of a bile over saturated in cholesterol, which produces a precipitation of micro crystals of calculus. It is believed that *Maple* will slow down the formation of sediment and micro-stones of cholesterol in the gall bladder.

*Maple* associated with *Lime Tree* treats anguish neurosis caused by something unknown.

*Maple* is a hypoglycemic remedy on a long-term basis, and *Walnut* is a good complementary product. It has a slight anti-thrombophilic action.
Complementry products are; European Ash (Fraxinus excelsior), Hornbean (Carpinus betula), Oak (Quercus pendonculata), European Beech (Fagus sylvatica), Lime Tree (Tilia tomentosa), Bloodtwig (Cornus sanguinea), Hawthorn (Crataegus oxyacantha), Briar Rose (Rosa canina), and Lithy Tree (Viburnum lantana.

Horse Chestnut (Aesculus Hippocastanum)  Parts used----- buds

Horse Chestnut is a drainer for veinous congestive conditions and its principal indications in the treatment of hemorrhoids.

It can also be employed for congestive veins in the lower extremities and recently formed varicose veins. It drains the portal system.

Complementary remedy; European Chestnut (Castanea vesca.)

Lemon Bark (Citrus Limonium)  Parts used-----Bark of stem

The Gemmotherapeutic qualities of this bud has no specific disease of choice nevertheless it is an effective complementary remedy for certain neurotoxic syndromes with an atheromatosis background.

It treats depression, insomnia, spasmodic coughs, hiccups, painful ticks, and certain epileptic syndromes.

Lemon Bark also has an effect on certain migraines, headaches, digestive problems, and palpitations.

Its action is swift but short-lived; therefore it can be a complement to Briar Rose (Rosa canina), Rosemary (Rosmarinus officinalis), Silver Oak (Betula verrucosa) and European Olive (Olea europea).
Lime Tree  (Tilia Tomentosa)  Parts used-----buds

Although phytotherapy has an arsenal of wonderful products for treating nervous and mental cases along with sedative and tonics, Gemmotherapy presents us with a more precise direction.

Lime Tree is an excellent therapy for insomnia because of the presence of farnesol a terpene that has neuro-regulatory sedative properties and it can potentialize other relaxing drugs and prolong the duration of sleep.

It is an inductor of sleep without toxicity and dependence. It is not a hypnotic and particularly recommended for treating the nervous system of fragile people like children, pregnant women, and the elderly.

It is an excellent pediatric remedy. Unlike the Linden flower herbal tea, Lime Tree is sedative and anxiolytic.

If Lime Tree enervates it is a sign that the dose is too high and must be reduced to one half the previous dose.

Lime Tree is indicated in neuralgia, migraines, and headaches and as a nervous sedative. It has an antispasmodic effect and can be used to treat spasmophilie but it must not be forgotten that the disturbance is due mostly to a phosphor-calcic-magnesium imbalance; therefore there must be some clinical research to find the cause.

Lime Tree can assist Fig Tree, which has a regulatory effect on the cortico-hypothalamic core and reticular formation substance.  

Like Hedge Maple, Lime Tree treats a badly defined anguish neurosis (anticipative anguish).

Associated with Christmas Holly they treat epilepsy ---- petit mal.  

Lime Tree calms stressed out and overworked people like lawyers, doctors, and CEO’s it has a slight stimulation on granulopoesis.

By its biological data Lime Tree is shown to posses anti plethoric, anti-inflammatory, anti-spasmodic and slightly diuretic properties.
It is active in chronic superficial inflammations and indicated in cases of low uric acid, urea, and cholesterol.

Complementary remedies are; *Hedge Maple* (Acer campestre), *Hornbean* (Carpinus betula), *European Ash* (Fraxinus excelsior), *European Oak* (Quercus pedonculata), *European Beech* (Fagus sylvatica), *Common Birch* (Betula pubescens), *Silver Birch* (Betula verrucosa), *Bloodtwig* (Cornus sanguinea), *Hawthorn* (Crataegus oxyacantha), *Lithy Tree* (Viburnum lantana), *Briar Rose* (Rosa canina), *Christmas Holly* (Ilex aquifolium), and *Raspberry* (Rubus idaeus).

*Lithy Tree* (Viburnum lantana) Parts used-----shoots

*Lithy Tree* (Viburnum lantana) is indicated principally for treating chronic spasmodic rhinitis, chronic allergies, eczema, and asthma of different etiology.

Its action on the respiratory system is extremely powerful in draining the lung and treating sur-infected asthma on an allergic terrain.

*Lithy Tree* is remarkable by its sedative action on the neuro-vegetative pulmonary system by inhibiting bronchial spasms. It reestablishes normal respiratory function and is especially indicated for asthmatic-like dyspnea.

This Gemmo product has been consistently effective in children and adolescent, and has proven to be excellent for dyspnaeic bronchitis and asthma in young people.

When associated with *Hawthorn* prove very effective on asthma with continued dyspnea of intrinsic origin, non allergic.

Used in alternation with *Bloodtwig* to treat hyperthyroidism or Basdow’s disease.

With *Rosemary* constitute the best remedy for treating asthma resulting from allergies.
Lithy Tree is specifically indicated in the treatment of chronic allergies that have not degenerated but are evolving towards chronicity, also spasmodic rhinitis, eczema, or asthma.

Lithy Tree stimulates the series granulopoesis eosinophile.

Complementary remedies are; Hedge Maple (Acer campestre), Hornbean (Carpinus betula), European Ash (Fraxinus excelsior) European Oak Quercus pedonculata), Lime Tree (Tilia tomentosa), Rowan Tree (Sorbus domestica), Bloodtwig (Cornus sanguinea), Hawthorn (Crataegus oxyacantha) and Common Juniper (Juniperus communis).

Maize  (Zea Mais)  Parts used -----rootlets

After English Elm (Ulmus campestre), Maize is one of the best kidney and liver drainer.

For kidney and urinary inflammation it is superior to English Elm.

Maize favors the healing of cardiac infarction and produces a fall in blood transaminase levels, thus indicated in the sequels of myocardial infarction.

High doses can produce fatigue in patients, therefore it is best to begin with low doses; 10 to 25 drops b.i.s. then increase according as is needed.

To conjugate the fatigue use a yin tonic like European Oak, Black Currant and Redwood.

Mistletoe  (Viscum Album)  Parts used -----shoots

This Gemmo product is used to treat any kind of fibrocystic formation of the breast, ovaries or anywhere in the body. It also breaks down scar tissue and sclerotic formations after surgery or accidents.
It is indicated in sclerotic ailments with glandular and renal ailments.

*Mistletoe* is helpful during menopause for certain types of emphysema and for ventricular hypertrophy (left or right), but its main activity is with sclerotic ailments in all organs.

It is active in rheumatic gout, certain types of neuralgia of sciatic, hypertension with albuminuria, certain epileptic syndromes, certain osteoarthritis, and deafness due to sclerosis of the air-drum or oslets. Nevertheless the prescription of *Mistletoe* for the conditions mentioned above must be based on the presence of its main biological syndrome.

*Mistletoe* also has an anti-neoplastic effect and can help in cancer, but one should be cautious because it will break down the shell holding the cancer together to limit spreading. Can be used when client is on chemotherapy along with *Common Juniper* to limit the negative effects of the chemo drug.

*Mountain Pine* (Pinus Montana)  Parts used -----buds

*Mountain Pine* (Pinus Montana) is an important product for draining the vertebral column and indicated in chronic non-inflammatory rheumatism regardless of location; vertebral osteoarthritis, spondilite osteoarthritis of the hip and knees etc. It has a regenerative action on hard tissue like bones, cartilage, ligaments, and tendons and has catalytic effect on remedies that have lost their effectiveness. It is effective on arteries and lymph vessels.

*Mountain Pine* has an active but gentle action on fractures of senile terrain.

*Mountain Pine* associated with *Briar Rose* is very active on osteoporosis post-menopausal.

Associated with *Blackberry Vine* is active on senile osteoporosis and arthrose in general.
When all three *Pine + Briar Rose + Blackberry Vine* are associated they treat coxarthrose, gonarthrose and spondylarthrose.

Thus, this wonderful remedy acts on the articular cartilages to sustain and maintain trophicity thus reducing wear and tear of articulations.

Complimentary remedies are; *Silver Birch* (*Betula verrucosa*), *Red Spruce* (*Abies pectinata*), (*Pinus sylvestre*), *European Oak* (*Quercus pedonculata*), *European Beech* (*Fagus sylvatica*), *Wineberry* (*Vaccinium vitis idaea*), *Hawthorn* (*Crataegus oxyacantha*), *Bloodtwig* (*Cornus sanguinea*), *Briar Rose* (*Rosa canina*), *Blackberry vine* (*Rubus fructicosus*)

*Oriental plane tree*  (Platanus Orientalis)  Parts used -----buds

*Oriental plant tree*  (Platanus Orientalis) is limited in its application but is used to treat vitilligo and should be employed for 6 months or more. It is also employed in treating sequels of malaria.

It has a remarkable effect on acne, and is mostly used as a complementary remedy for other metabolic ailments.

Complementary products are; *Black Currant* (*Ribus nigrum*). *English Elm* (*Ulmus campestre*), and *European Walnut* (*Juglans regia*).

*Prim Wort*  (Ligustrum Vulgare)  Parts used -----buds

This bud is a remedy, which facilitates drainage of the skin, mucus membrane and the kidney, as well as chronic intestinal problems, colitis, infections of the mouth, bedsores and ulcers of the legs.

It is indicated in tonsillitis, bronchitis, intestinal as well as uterine bleeding, and vaginal discharges.
When associated with *European Walnut* they are effective in treating chronic inflammatory dermatitis, collagenosis and hepatic problems.

*Raspberry* (*Rubus Idaeus*)

Parts used -----shoots

This Gemmo product is very specific for treating problems of the pelvic region in females.

These young shoots contain a number of muscular relaxing substances, thus indicated as an anti-spasmodic for the uterus during the onset of menstruation and during childbirth.

This is an excellent remedy for dysmenorrhoea by its regulating effect on the ovarian function, stimulating the ovaries when they slow down either for estrogen or progesterone secretion.

*Raspberry* treats feminine hypogonadism of puberty and post menopausal menorrhagia by endometrial hyperplasia.

In senescent women it complements the action of *Wineberry* (*Vaccinium vitis idaea*) and in girls when menstrual flow is retarded and secondary sexual indicators are late ----lack of pilosity and breast formation.

It is also indicated in arteriosclerosis, allergies, and chronic inflammation as ulcerations, enterocolitis, hematuria and metrorrhagia.

Complementary remedies are; *Silver Birch* (*Betula verrucosa*), *Common Birch* (*Betula pubescens*), *European Beech* (*Fagus sylvatica*), *European Oak* (*Quercus pedonculata*), *European Chestnut* (*Castanea vesca*), *European Hornbean* (*Carpinus betula*), *Lime Tree* (*Tilia tomentosa*), *Christmas Holly* (*Ilex aquifolium*) and *Blackberry Vine* (*Rubus Fructicosus*).

*Red Alder* (*Alnus incarna*)

Parts used -----buds
Red Alder (Alnus incarna) is family of the preceding European Alder (Alnus glutinosa). This bud is one of the strongest inflammatory and anti-thrombotic remedies in medicine. Its anti-inflammatory action is stronger than that of European Alder, but its action is short, two to three weeks at most.

This is the best gemmo product to be employed immediately after an infarction to save the life and to minimize the damage to heart tissue. Employed at very high doses, 3 to 9 times the normal dose will be more effective to restore life than any product on the market: the dose can range from 75 to 100 drops t.i.d. for 2 weeks then relayed with European Alder---25 to 50 drops t.i.d.

Red Spruce (Abies Pectinata) Parts used ----buds

Red Spruce (Abis pectinata) is of the pine family and has a great power of healing and regeneration.

Indications therapeutic are manifold:

The buds of Red Spruce favor the fixation of calcium in bones especially in pediatric care and all problems of growth. It is particularly indicated in children with bone decalcification, rickets, dental caries, hypertrophy of lymph nodes and in alveolo-dental pyorrhea.

Red Spruce with Silver Birch and Briar Rose, treat juvenile osteocondritis, osteomyelitis, rachitism and bad infantile fractures when used alternately.

It also treats deficient conditions of growth in children, such as fatigue, lack of appetite, rhinopharyngitis, and infections of the ENT sphere (ear, nose and throat).

These two buds Red Spruce and Silver Birch bring vibrancy and a state of well being to the youths.
It is said that Red Spruce prompts self-regeneration while Silver Birch regenerates the terrain on which it works.

With Silver Birch and Briar Rose children may not be ill for years during their difficult school days.

Red Spruce cytologic activity is the stimulation of bone growth by the multiplication osteoblastic and primary and secondary conditions.

Complementary Remedies are; (Pinus sylvestre), European Beech (Fagus sylvatica), European Oak (Quercus pedonculata), Silver Birch (Betula verrucosa), Briar Rose (Rosa canina), Wineberry (Vaccinum vitis idaea), English Hawthorn (Crataegus oxyacantha), Bloodtwig (Cornus sanguinea) and Blackberry vine (Rubus fructicosa).

Red bud Cercis Siliquestrum) Parts used -----buds

Red bud (Cercis Siliquestrum) dominant effect is on any kind of sclerotic arterial phenomena such as arterial circulation due to arteriosclerosis.

One specific indication is juvenile arterite or Buerger’s disease (thrombose angeitis obliterans).

This remedy is very effective to treat cerebral arteriosclerosis, hepatic and renal arterial problems whenever the protein and lipid syndrome are accompanied by a severe hyper-coagulation.

Associated with European Alder (Alnus glutinosa) treats arterial emboli and especially retinien.

Red bud (Ceris) buds are an important hypo-coagulant. It has a net action on a thrombophilic state, thus an anti-thrombophilic of the first order (hypocoagulant).
*Rosemary*  (Rosmarinus officinalis)  Parts used ----shoots

*Rosemary* is primarily a liver and gall bladder drainer, but drains the kidney slightly. Its action is remarkable on the gall bladder as an antispasmodic, regulating the motility of the gall bladder.

Treats biliary dyskinesia with a hypo or hypertonia, biliary colic and chronic cholecysitis.

Indicated in minor hepatic insufficiency.

*Rosemary* regulates the physiological senescence and retards early manifestations of aging.

It is an excellent remedy where there is a morbid degeneration by its biological action, which counteracts many pathological syndromes and natural senescence.

It is an excellent remedy for chronic allergies, which are caused by irreversible degenerescense of a minor allergy, thus is the best product for treating degenerated allergies.

Indicated in men with prostrate problems, impotence and various anomalies in sexual functions, while in women, treats acne, dysmenorrhoea and certain frigidity.

It is highly recommended to women using birth control remedies (pill or implants), for maintaining the good functioning of the liver.

*Rosemary* is one of the best remedies for colitis because of its activity on the intestinal mucosa membrane and is a major remedy for Crohn’s disease.

It is an effective remedy for chronic nervousness because of its ambivalent action on the cerebrospinal functions.

This Gemmo product can be prescribed for a long time, but due to its euphoric action, High Doses could produce an epileptic condition,
therefore begin treatment with low doses; 10 to 25 drops t.i.d. and increase according to tolerance.

It can be used to increase the arterio-capillary circulation and for certain types of neurovegetative dystonia.

Rowan tree (Sorbus Domestica) Parts used ----buds

This magnificent bud *Rowan tree* (Sorbus) is to the veins what *Hawthorn* is to the arteries.

It is the major regulator of the veinous circulation:

---The best for overcoming congestive phenomena
---Increases the tone of the veinous wall
---Treats veinous hypertension
---Treats sequelae of phlebitis
---Treats varicose veins
---Treats heavy leg and restless leg syndrome
---In female patients it helps circulatory disturbances of menopause, treats buzzing noises in the ears, tentis
---Treats physical slowness and deafness caused by tympanosclerosis after repeated ENT infections or by vascular spasms with dizziness.

*Rowan tree* acts before the accident thrombotic and veinous plethoric syndrome ---heavy legs.

It regulates troubles linked to hyper-viscosity and slowing down of veinous circulation.

With *Lithy tree* they treat deafness due to tympanosclerosis, which occurs at all ages.

This Gemmo product is known for its serum hyperviscosity and its compensatory hypocoagulant reaction, which can control a type of hyper-reactive reticulo endothelial metabolism.
It is also a strong drainer for the lymphatic system.

It is best for any kind of brain tumors and indicated in rhioblastomas of the brain.

Complementary remedies are; Silver Birch (Betula verrucosa), Common Birch (Betula pubescens), (Berberis vulgare), Common Juniper (Juniperus communis),Lithy Tree (Viburnum lantana) and Briar Rose (Rosa canina).

Rye Grain (Secale Cereale) Parts used -----rootlets

This Gemmo product has a direct stimulating effect on the hepatic cells, encouraging restoration of damaged tissue.

Indicated for treating acute hepatitis and particularly chronic hepatitis and jaundice as well as infectious icterus and post icteric sequels.

It can also be used to treat psoriatic dermatitis and psoriasis.

Silver Birch (Betula verrucosa) Parts used -----buds

Silver Birch is a liver and kidney drainer, and has a great anti-inflammatory action and tissue regenerative capabilities.

It has a tonic action very effective in young children and adolescents.

Silver Birch acts at the growing stage or at regeneration of an organ especially bones. It should be given in alternation with Red Spruce (Abies pectinata) and because of its osteoblastic action is recommended in juvenile osteochondritis, chronic osteomyelitis, rachitism and infantile dental caries.

This bud is an excellent one for treating osteoarthritis and is the remedy for rheumatoid arthritis and hyper uricemia.
Silver Birch buds have other supplementary actions:

= Antalgic effect due to the presence of 2 heterosides, betuloside and monotropitoside which release incipient methyl salicylate through enzymatic hydrolysis.
= Anti-inflammatory action.
= Uricolytic with some diuretic effects.
= It has an effect on stimulating the immune system, thus effective for treating acute infections, but not for chronic cases because it has short lived action.

Coupled with Christmas Holly it treats benign fibro-adenomateous hyperplasie cysts of the breast.

It is also indicated in nervous syndrome depletion and intellectual exhaustion.

It is very effective in treating the early stages of kidney disorders, albuminuria, nephritis and certain hepatic, pancreatic and splenic disorders.

Silver Birch buds stimulate the Kuppferien and splenic macrophage and also certain cells of the kidney and bone.

Its complementary remedies are Common Birch (Betula pubescens), Red Spruce (Abies pectinata), (Pinus sylvestris), European Oak (Quercus pedonculata), Lime tree (Tilia tomentosa), European Beech (Fagus sylvatica), Bloodtwig (Cornus sanguinea), Common Juniper (Juniperus communis), Christmas Holly (Ilex aquifolium), Raspberry (Rubus idaeus), Blackberry vine (Rubus fructicosus), and Wineberry (Vaccinium vitis idaea).

Sweet Almond (Prunus Amygdalus) Parts used-----buds

This Gemmo product treats arteriosclerotic patients among the aged with hyperlipidaemia and thrombophilic conditions. Its indications are the
same for *European Olive* (Olea Europea), treating arterial hypertension, coagulation disorders, nervous phobias, and compulsive obsessions.

It treats certain arteriosclerotic symptoms of the kidney with renal damage, lipidic nephritis, renal amylase, and cholelithiasis.

It is also indicated as a thyroid stimulant, but the Gemmo remedy made from the roots is more potent. It has a stimulant effect on the immune system.

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*Tamaris* (Tamarix Gallica) Parts used -----shoots

*Tamaris* (Tamarix gallica) plays an important role in erythropoesis, stimulating erythrocytes formation, thus indicated in hypochrome anemia.

It is also indicated in the thrombolytic series by activating the iron and cholesterol metabolism, correcting a deficit in the regeneration of thrombin.

*Tamarisk* buds treat acquired thrombopenia due to a viral infection as herpes, mumps, measles, and mononucleosis.

Associated with *Fig Tree*, treat eosinophile granuloma.

It has a characteristic hyper coagulant action and should not be administered to patients with arterioscleroses for a prolonged period of time because of this action. It is a powerful stimulant for the bone marrow.

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*Wild woodvine* (Ampelopsis Weitchii) Parts used -----Shoots

The principal indications are in the treatment of local induration of aponevrose, ligament, and muscles due to the formation of fibrous tissue.
A very known example is hardening of the palmer aponevrose called Dupuytren’s disease.

Also used in ankylozing spondylitis and post–inflammatory adhesions.

Whenever there is injury to any joints, ligaments with rupture or elongation, cartilage or bone damage, use *Wild woodvine* to regenerate them.

It is a remarkable remedy for regenerating and reconstructing joints in chronic rheumatism, rheumatoid arthritis and for cartilage regeneration. This product can be used for non-inflammatory irritations of conjunctivitis and aponevrosis and conditions where there is a moderate case of hypoglobulinaemia.

*Wild woodvine* is very effective when used in alternation with Buxus sempervirens (shoots) and a good articular drainer like *Mountain Pine*.

*Wild woodvine* a remarkable remedy for treating tendons and ligament strains produced during tennis games and other sports like football, rugby, soccer, sky etc.

It reduces deformation and sclerosis, thus limiting distortions.

*Wine berry* (Vaccinim Vitis Idaea) Parts used -----shoots

*Wine berry* (Vaccinium vitis idaea) acts at numerous biological stages of decompensation where hyalinization of tissue is predominate; arteriosclerosed hyaline of the senile type where the thrombotic element is hyalinated with degeneration of the walls.

It is in relation with necrosis of the extremities, toes and fingers as in the case with diabetes, diabetic’s gangrene, and senile gangrene, and is particularly active on the small arteries and aterioles.

As ovarian hyalinosis appears after menopause, *Wine berry* produces an estrogenic reaction of the ovaries hyalinised. This product contains a
certain quantity of oestradiol, therefore is excellent for hot flashes and mood swings post menopausal.

It is the Gemmo product for menopausal women because it is capable of reactivating the function of the hyalinized ovary and has an action on numerous benign hyaline tumors; uterine fibromas and adenoma of the thyroid, hyalinosis of exudates of thrombose, ancient pulmonary emboli, renal glomerules hyalinized by tubular hyalinose.

Wine berry treats sequels of inflammatory hyaline due to the modification of the acid-base equilibrium whereby the elementary fibrils are split into protofibrils.

Wine berry also acts on the conjunctive hyalinose thus acting as a remedy against aging and decrepitude.

It nourishes the phosphates acid and is an adjunct of the prostrate cancer treatment.

It treats certain nephritic syndrome due to focal and segmentary hyalinose.

This Gemmo product is the best for repairing the intestinal mucosa thus treating intestinal syndromes like colitis, diarrhea, colibacillosis and Crohn’s colitis.

It intervenes in the regulation of the colic metabolism by regulating the calcic metabolism and facilitates the absorption of calcium through the intestinal mucosa membranes making it an excellent treatment for osteoporotic and menopausal women.

This is a remedy for all colic related problems, regulating the colon’s motrice function according to the problem in treatment. It has a diphasic action and in an inert colon it acts as a stimulant, a tonic and in a hypertonic condition with spasms it acts as a sedative and antispasmodic.

This remedy’s reticulo-endothelia activity will also reduce uric acid, urea and cholesterol. Its polyvalent activity allows it to be used widely without any biological laboratory indications.
Wine berry can treat recurring urinary colibacillosis infections especially among women. It has a disinfectant action on the urinary system and intestines.

Wine berry can also be effective in treating nephritis, dermatomyosis, periarthritis nodes, viral pericarditis and rheumatoid arthritis.

Complementary remedies are; Common Birch (Betula pubescens), Silver Birch (Betula verrucosa), (Pinus sylvestris), and Blackberry vine (Rubus fructicosus).